

**Bonita Unified School District**  
**Parent/Guardian Notification Letter for Health Instruction**

Dear Parent/Guardian:

You are receiving this letter because your child is enrolled in a Bonita Unified School District course that covers Health education. Health Education at the high school level includes sex education. Our district will be implementing a virtual curriculum through APEX Learning.

California state law, the California Healthy Youth Act\* (CHYA), requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7. Per the CHYA, instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate, and inclusive of all students. The goal of the content is the following:

1. To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy;
2. To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family;
3. To promote an understanding of sexuality as a normal part of human development;
4. To ensure pupils receive integrated, comprehensive, accurate and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end;
5. To provide pupils with the knowledge and skills necessary to have healthy, positive and safe relationships and behaviors.

Parents/guardian may examine the APEX instructional materials at their school front office, or at the district office reception desk.

Parents have the right to opt out of this instruction. If you have questions, please see the principal at your specific school. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please give a written request to your child's school on or before  . An alternate activity will be provided.

Sincerely,

Matt Wien  
Assistant Superintendent, Educational Services

\*CALIFORNIA HEALTHY YOUTH ACT SEXUAL HEALTH EDUCATION : EDUCATION CODE §§ 51930-51939